



2026 Get Outdoors Challenge

Oct. 1, 2025 - May 31, 2026

girl scouts 
in the heart
of pennsylvania

How to use your Outdoor Challenge Activity sheet:

- This is a group -or- individual activity. Girls have the opportunity to complete this individually or with other Girl Scouts.
- Complete the required number of activities for your Girl Scout level. The number of activities required per level can be found below.
- The last day to turn in your Get Outdoors Challenge Activity Sheet is **May 31, 2026**. All participants will receive their *Get Outdoors Challenge* patch by **June 30, 2026**.
- When you submit the activity sheet, you will be asked to provide information for your Girl Scout. This includes name, troop number, Service Unit, mailing address, and parent/guardian information.
- The Service Unit with the highest percentage of participants will win a special outdoor experience to be scheduled September 2026.



Upload a photo of your completed activity sheet using the QR code above!



Number of activities required per Girl Scout level:

Daisy	Brownie	Junior	Cadette	Senior	Ambassador
25	35	45	55	65	75

2026 GET OUTDOORS CHALLENGE ACTIVITY SHEET

ANYTIME

- ☐ Try campfire cooking with foil packs or s'mores
- ☐ Experience yoga in nature
- ☐ Practice fire-starting skills
- ☐ Write thank-you notes to nature
- ☐ Decorate walking sticks
- ☐ Learn compass and map skills
- ☐ Craft wind chimes
- ☐ Learn the 7 Leave No Trace principles
- ☐ Learn about invasive species in the area
- ☐ Participate in GSHPA outdoor program
- ☐ Collect data for a citizen science project (SciStarter)
- ☐ Visit a PA State Park
- ☐ Watch the sunset or sunrise
- ☐ Practice pitching a tent
- ☐ Read your favorite book outdoors
- ☐ Make an outdoor first aid kit
- ☐ Make a playlist of outdoor-inspired sounds
- ☐ Learn about the history of Indigenous people in your area
- ☐ Practice deep breathing outdoors for 3 minutes
- ☐ Play camouflage hide-and-seek in nature
- ☐ Write a nature-themed haiku and read it outside
- ☐ Learn and practice wilderness hand signals/trail signs
- ☐ Make a mini field guide of plants/bugs in your backyard
- ☐ Learn to tell direction with sun and shadows
- ☐ Learn to identify poison ivy, oak, and sumac

FALL

- ☐ Build and race leaf boats in a stream
- ☐ Paint pumpkins
- ☐ Press leaves for nature art
- ☐ Build a scarecrow from natural materials
- ☐ Learn how animals prepare for winter
- ☐ Make autumn crowns with leaves and vines
- ☐ Take a leaf identification walk
- ☐ Make a giant leaf pile
- ☐ Make corn husk dolls
- ☐ Visit a local farm or orchard
- ☐ Build a fairy or gnome garden
- ☐ Design a treehouse for your favorite tree
- ☐ Make pinecone birdfeeders
- ☐ Visit a corn maze
- ☐ Create a giant leaf mandala on the ground
- ☐ Go apple picking
- ☐ Try pumpkin bowling with small pumpkins
- ☐ Watch for fall bird migrations
- ☐ Bake pumpkin seeds over the fire
- ☐ Make twig picture frames for fall photos
- ☐ Track the shortening daylight with a homemade sundial
- ☐ Observe the harvest moon
- ☐ Make leaf confetti
- ☐ Make a bat house
- ☐ Do a seed saving workshop



WINTER

- ☐ Build snow shelters
- ☐ Try frozen bubble blowing
- ☐ Go winter bird watching
- ☐ Make snow angels
- ☐ Make DIY snow paint
- ☐ Observe and journal snowfall patterns
- ☐ Create snow mandalas
- ☐ Try snowball target practice
- ☐ Practice knots with mittens
- ☐ Make ice suncatchers
- ☐ Take a silent winter hike
- ☐ Build a snowman
- ☐ Go on a winter wildlife tracking walk for footprints
- ☐ Do a tree ID walk without leaves
- ☐ Experiment with freezing water in different containers overnight
- ☐ Go sledding
- ☐ Try snowshoeing
- ☐ Play snow soccer with a big lightweight ball
- ☐ String popcorn/cranberries into garlands to hang for animals
- ☐ Catch snowflakes on dark paper and observe with magnifying glasses
- ☐ See the winter constellations in the sky
- ☐ Learn about the winter solstice
- ☐ Play snowball hot potato
- ☐ Track the growth of icicles
- ☐ Make evergreen scent jars



SPRING

- ☐ Build bee hotels or butterfly feeders
- ☐ Try gardening or seed-starting
- ☐ Build and fly kites
- ☐ Make a sundial and track the longer hours of sunlight
- ☐ Learn frog and toad calls
- ☐ Make flower crowns
- ☐ Learn about pollinator garden planting
- ☐ Make seed bombs
- ☐ Plant daisies in honor of Juliette "Daisy" Gordon Low
- ☐ Go on a creek exploration with nets and waders
- ☐ Try rain gauge crafting
- ☐ Go on a rainbow walk
- ☐ Paint with mud using sticks/leaves
- ☐ Conduct solar oven experiments
- ☐ Go on a wildflower identification walk
- ☐ Look for frog eggs or tadpoles
- ☐ Dig for earthworms after a rainstorm
- ☐ Track the daily change's of a tree's buds
- ☐ Go on an early morning dew drop walk
- ☐ Build a toad house
- ☐ Track a caterpillar's growth
- ☐ Go on a spring birdwatching hike
- ☐ Observe the spring constellations
- ☐ Try rain painting (use water color pencils, let the rain finish the art)
- ☐ Make mud sculptures

